

# Liver Biopsy Instructions

**Arrive at check in time**, checking in at the Surgical Procedure Area (SPA) which is on the 3rd floor of Sacred Heart Medical Center at RiverBend located at 3333 RiverBend Dr. Springfield, Oregon 97477. You will park in parking structure S.

**To prepare for Liver Biopsy**, follow these instructions carefully:

- Do not take **Aspirin** 7 days prior to your procedure.
- Do not take other **NSAID's** (Ibuprofen, Naproxen or prescription NSAID's) for 5 days prior to your procedure.
- No solid food or milk products after midnight on **the day prior to your procedure**. After midnight you may have **ONLY CLEAR LIQUIDS** such as black coffee, tea, soda pop, broth, water, etc.

**If you are scheduled for check in prior to 12:00 pm:** You should have nothing by mouth including water **the morning of your** procedure except for your medications.

**If you are scheduled for check in after 12:00 pm:** You should have nothing by mouth including water **4 hours prior to check in the morning of your** procedure except for your medications.

- **Take your usual medications** with a small sip of water the morning of your exam including pain relievers and anti-anxiety medications. If you are taking blood thinning medications or diabetic medications, follow the [MEDICATION INSTRUCTIONS](#) unless specified by our office with special instructions.

**Arrange for someone to drive you home** as you will be medicated for this procedure. You may NOT take a taxi or a bus home. You will be in SPA an approximate total of 5 hours.